

# Whole Family Coaching

Whole Family Coaching provides support for individuals and families to help them achieve their goals.

## Examples of Goals

- Changes in employment, housing, healthcare, and childcare
- Improvement of parenting, financial, or daily living skills
- Access to education, transportation, or community involvement

## Eligibility

- Hancock or Washington County resident
- Low income

# Electric Bill Credit

DCP's Whole Family Coaching Program offers training to HEAP participants, which provides a \$60 electric bill credit per training unit completed, up to \$300.

## Eligibility

Applicants must be HEAP participants.

# Main Office

248 Bucksport Road  
Ellsworth, ME 04605

For a complete listing of DCP program sites, visit our website.



[www.downeastcommunitypartners.org](http://www.downeastcommunitypartners.org)

# Contact Us

207-610-5864

[Supportive.Services@dpcap.org](mailto:Supportive.Services@dpcap.org)



# ENGAGE



## Supportive Services

Your Springboard to Lifespan Opportunities  
in Hancock and Washington Counties



# We're Here to Help You Meet Your Goals.

At Downeast Community Partners, we understand that life in rural Maine holds many challenges. We know you want to meet those challenges without losing momentum toward your goals. We know because we want that, too. We also know that it's often easier to meet both challenges and goals when you don't have to do it alone. As such, DCP's Supportive Services exist to provide the essential support(s) you—and all our neighbors throughout Hancock and Washington counties—need. Whatever challenge you may be facing, it is our privilege to come alongside you so we can meet it together. And whatever your goals may be in reaching out, we are here to help you meet those as well.

## CARE Fund

The CARE Fund provides for necessary expenses in crisis situations. Contact us for more information.

## Maternal Child Health

Maternal Child Health provides nurse home visits throughout pregnancy and baby's first years of life. This program has no income requirements.

### Services

- Baby weight checks
- Breastfeeding support
- Health screenings
- Parenting support
- Connection to local resources

### Nurse Bridging

As an extension of Maternal Child Health, Nurse Bridging provides intensive support for high-risk pregnancies and infants who are at-risk or have medically complex diagnoses.

## Breakthrough Youth

Breakthrough Youth empowers 14- to 24-year-olds to make responsible decisions that support their well-being for a lifetime.

### Focus Areas

- Financial literacy
- Substance use/misuse prevention
- Healthy relationships, including safe sex practices
- Planning for career next steps

## Financial Coaching

Financial Coaching provides tools and one-on-one support to help participants achieve their financial goals.

### Examples of Goals

- Reducing or eliminating debt
- Building credit
- Paying bills on time
- Saving money for life events

### Helping Hands Auto Loans

Helping Hands Auto Loans help DCP program participants obtain auto loans with reasonable rates and terms.

## Family Development Accounts

A Family Development Account is a savings account that provides income-eligible individuals a means of saving toward allowable expenses. Every dollar an account holder saves is matched by four dollars from public and private funders.

### Allowable Expenses

- Buying a home
- Starting or expanding a business
- Furthering education
- Additional expense types may be allowed if a minor lives in the home.

Contact us for more information.