



At Home members have access to the following services:

- Non-emergency nurse visits
- Coordination of care
- Hospital discharge support
- Transportation to medical appointments within a 60-mile radius
- Transportation to the grocery store or grocery delivery
- Home safety assessment
- Information on local resources

Membership fees are based on yearly income.

## About At Home

At Home is a membership-based, volunteer-supported program that empowers older Mainers on the Blue Hill Peninsula to live safely in their own homes and communities as they age.

## Main Office

248 Bucksport Road  
Ellsworth, ME 04605

For a complete listing of DCP program sites, visit our website.



[www.downeastcommunitypartners.org](http://www.downeastcommunitypartners.org)

## THRIVE



## Aging Services

Your Source for Lifespan  
Opportunities  
in Hancock and Washington  
Counties

## Contact Us

207-374-5612

[AtHome@dcpcap.org](mailto:AtHome@dcpcap.org)

[Friendship.Cottage@dcpcap.org](mailto:Friendship.Cottage@dcpcap.org)



# We're Here to Support Safe, Healthy Aging

At Downeast Community Partners (DCP), we understand the challenges of aging in rural Maine. We know how important it is to maintain the balance between the supports our aging neighbors need and the independence they value. As such, DCP's Aging Services exist to provide the essential support our neighbors and their families throughout Hancock and Washington counties need to thrive in their own homes and communities. Whatever the cause of your need for support, it is our privilege join you on your journey. Whether you are an older Mainer seeking guidance as you navigate community resources or a family caregiver looking for day service for a loved one, we are a phone call away and we are here to support safe, healthy aging.



Friendship Cottage, located in Blue Hill, provides adult day service to dependent adults who may be coping with physical, mental, or memory challenges. Our mission is to provide care and socialization for dependent adults in a safe, supportive, and homelike environment.

At Friendship Cottage, we provide:

- A certified medication aide to ensure medications are taken at proper times and doses.
- An accessible shower
- An onsite laundry room
- A nutritious breakfast, lunch, and snacks
- Group activities that encourage community involvement
- Transportation to and from the facility, if needed.

Friendship Cottage accepts MaineCare payments and other state funds to provide service.

# Elder Services Navigator

Elder Services Navigators help older Mainers and their caregivers connect with various resources that assist with food, fuel, utilities, transportation, home repairs, finances, healthcare and insurance. This service is available in Washington County.

**Call 207-610-5864**  
for more information.

# Point-to-Point Transportation

In addition to transportation for medical appointments, DCP Transportation Services provide low-cost transport for other essential needs when space and time permit. Regular routes include:

- Bucksport to Ellsworth
- Bucksport to Bangor
- Eastport to Eastport
- Calais to Calais
- Machias to Machias

**Call 207-664-0012**  
for more information.