

Financial Literacy

Money Smart

Designed by the FDIC, Money Smart provides participants with knowledge regarding:

- Proper use of financial institutions
- Spending plans
- Distinguishing between wants and needs
- Credit and borrowing money responsibly
- Financial rights and consumer safety
- Preparation for large investments, such as college, cars, and property

Soft Skills to Pay the Bills

Developed at the U.S. Department of Labor, this program helps participants develop the elements of communication, enthusiasm, attitude, teamwork, networking, problem-solving, critical thinking, and professionalism that employers desire in employees. This program also involves exploring future plans, such as colleges, scholarships, and grants, as well as establishing healthy money-management goals.

Contact Us

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www.downeastcommunitypartners.org



Breakthrough Youth is made possible through DCP's partnership with



DISCOVER



A program of



What We Do

Breakthrough Youth empowers 10- to 24-year-olds in Hancock and Washington counties to make informed decisions that support them in reaching their goals and maintaining their health and well-being for a lifetime.



Our Focus Areas

The Breakthrough Youth program focuses on four areas:

- Promoting participants' financial literacy
- Supporting participants' social-emotional learning and positive development
- Promoting self-confidence and healthy relationships, including safe sex practices
- Planning for career next steps

Social-Emotional Learning

Lions Quest

Lions Quest, an evidence-based social-emotional learning program, fosters positive development through collaboration among home, school, and community.

Boys to Men

Developed in partnership with the U.S. Department of Justice, Boys to Men is a violence prevention program that includes interactive learning opportunities.

Become a Participant

Breakthrough Youth participation is available both in-person and via Zoom by contacting our Youth Navigator.

1:1 Sessions

One-on-one sessions are available but in-person may be limited depending on the availability of public or community meeting space.

Sexual Education

Making Proud Choices

This program aims to build participants' confidence in their identity, capacity for consent, ability to participate in healthy relationships, and ability to make healthy sexual choices, especially related to safe sex practices that will reduce the incidence of unintended pregnancy and sexually transmitted infections.



Participants in this program have access to the following:

- Overall sexual health knowledge
- Evidence-based information on sexuality and the risks of unprotected sex
- Information on minors' rights to healthcare
- The opportunity to connect with others in statewide advocacy groups